



## Meet the Trainer

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# Dan Trujillo

**Age: 37**

**From: Canon City, CO**

**Training Area: Body building**

**Certifications/Education: ISSA Certified Personal Trainer and ISSA Certified Nutrition Specialist.**

**About me: I am former 400-pound person who changed his life with diet and exercise.**

**Did you know? I have a shoe addiction.**

Use link to set up following:

- Fitness Consultation
- Fitness Evaluations
- Personal training may be set up with a personal trainer after consultation

\*Dependent upon openings\*

<https://durantwellnesscenter.as.me/schedule.php>



**Choctaw Nation**  
**Wellness Center**